

# 72 Hour Go Kit Plus

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## DISASTER PREPAREDNESS - READY, SET, GO!

### BE READY

- This is known as a **Level 1** alert which means no immediate danger!
- 1. Scout your neighborhood for evacuation routes.
- 2. Make an action plan to add:
  - Food, Water & Meds
  - Kids, Elderly & Disabled
  - Phones & Chargers
  - Money, ID's & Papers
  - Pets & Livestock
  - Neighbor Check
- 3. Signup for alerts-CodeRED.
- 4. Monitor news, weather and social media for current conditions.



### GET SET

- This is known as a **Level 2** alert which means there is a significant risk in your area. Be ready to leave at a moments notice and it's also time to move livestock!
- 1. Activate your Plan from the "Be Ready" step.
- 2. Assemble your "Go Bag" to include a Medical Kit, Portable Radio & Flashlight.
- 3. Ensure your vehicle is ready for an extended stay trip (fuel, oil, spare tire)!



### GO!

- This is known as a **Level 3** alert which means it's time to evacuate! People need to load their Go Bags, Families and Pets into their vehicle and leave using their pre-planned routes.
- 1. LEAVE NOW!
  - Do NOT hesitate!
  - You will encounter emergency responders so please follow their instructions!
  - Drive with your head lights on!
  - Once in a safe location, contact family & friends.

## How To Make a Family Emergency Plan

- Establish Meeting Locations
- Develop an Emergency Contact Plan
- Learn How to Receive Emergency Alerts and Information
- Plan How to Evacuate
- Plan How to Shelter In Place
- Consider Everyone's Needs (children, elderly, extra mobility needs, pets)
- Practice Your Plan with your household
- Consider Other Plans
- Build an Emergency Kit
- Prepare Your Home for Emergencies
  - Wind hazards
  - Extreme cold
  - Extreme heat
  - Property insurance

## EMERGENCY BINDER

An emergency binder is a compilation of important documents. Store your binder in a fireproof/waterproof locked box that is small enough to be transported with you in an emergency.

### VITAL DOCUMENTS

- ✓ Birth certificates
- ✓ Passports
- ✓ Immunization records
- ✓ CASH – keep small bills
- ✓ Copy of your will
- ✓ Medical information
- ✓ Military and church papers
- ✓ Diplomas and transcripts
- ✓ Marriage certificates
- ✓ Adoption papers
- ✓ Current pictures of family
- ✓ Pet records
- ✓ Proof of citizenship

### INSURANCE INFORMATION

- ✓ Homeowners insurance policy
- ✓ Auto insurance policy
- ✓ Life insurance policy
- ✓ Medical insurance policy
- ✓ Pictures and lists of all your personal belongings for insurance
- ✓ Contact information for insurance agent.

### FINANCIAL INFORMATION

- ✓ Copies of your credit cards front and back
- ✓ Bank statements
- ✓ Retirement statements
- ✓ Social security statements
- ✓ Internet passwords (banking, personal, work etc)
- ✓ Utility statements
- ✓ Work/tax documents that would be difficult to replace
- ✓ Deeds to properties
- ✓ Titles to cars, boats etc
- ✓ Warranty information

\*Some people take videos of each room of their house as a way of documenting their belongings for insurance



# Car Emergency Kit Checklist

Are you  
ready?



- Battery-powered radio and extra batteries
- Plastic flashlight and extra batteries (reverse batteries when not in use to prevent accidental burnout; replace yearly)
- Blankets or sleeping bags
- Booster (jumper) cables
- Fire extinguisher (5-pound, A-B-C type)
- Bottled water
- Nonperishable, high-energy foods: granola bars, raisins, peanut butter, etc.
- Compass and road maps
- Dry clothing, gloves or mittens, winter boots
- Telephone card and quarters for phone calls (consider carrying a cell phone)
- Sack of sand or cat litter (for tire traction)
- Rope (tie self to car when leaving vehicle during a storm)
- Assorted bandages, dressings
  - Adhesive bandage
  - Adhesive cloth tape
  - Sterile gauze
  - Instant cold compresses
  - Roller bandage
  - Absorbant compresses

- Large plastic garbage bags to insulate feet, and safety pins/duct tape to hold bags in place
- Pencil and paper
- Shovel
- Tow rope or chain
- Three-pound coffee can, matches and candle stubs to melt snow for drinking water
- Metal cup for water
- Knife
- Flares and reflectors
- Tire repair kit, air pump, basic tool kit
- First-aid kit with essential medications
  - Antibiotic and hydrocortisone ointment, antiseptic wipes, eye drops
  - Breathing tube with one-way valve for mouth-to-mouth resuscitation
  - Oral thermometer (non-mercury, nonglass)
  - First-aid instruction booklet
  - Aspirin, ibuprofen, etc.
  - Tweezers
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Resources:

[Ready.gov](https://www.ready.gov)

[Redcross.org](https://www.redcross.org)

[Mountainhouse.com](https://www.mountainhouse.com)

[Disasterprepkit.com](https://www.disasterprepkit.com)

[Emergencyprepgear.com](https://www.emergencyprepgear.com)